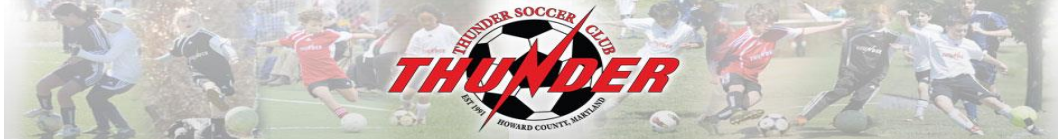


THUNDER SOCCER CLUB

U10 Developmental Soccer



Skills Priorities	<ul style="list-style-type: none"> - Dribble with all sides of feet - Dribble out of trouble - Dribble past someone - Shielding - Attacking ideas - Defending ideas - Comprehend 1vs1 - Scrimmages 3v3 or 4v4 - Introduce shooting technique 	<ul style="list-style-type: none"> - Introduce Passing - Soft First Touch - Receiving the ball with all parts of body - Dribble out of trouble - Team work - Roles of 1st and 2nd defenders / attackers - Combination play - Team work - Comprehend 1vs1 & 2vs1 concepts
Coaching	<ul style="list-style-type: none"> - Paid Coaches 	
Playing Levels	<ul style="list-style-type: none"> - Developmental - Advanced 	
Game Details	<ul style="list-style-type: none"> - 7v7; Two 30 minute periods; Size 4 Ball 	
Year round program	<ul style="list-style-type: none"> - Summer: July 10th - August 15th ; 10 practices - Fall: August 15th - November 15th; 20-22 practices - Winter: January 1st - March 1st; 8-10 practices - Spring: March 1st - May 31st; 22-24 practice 	
Practices	<ul style="list-style-type: none"> - 2-3per week; 90 min 	
Games	<ul style="list-style-type: none"> - Summer: 2-3 scrimmages - Fall: 9 league games; 2-3 tournaments - Winter: 8 futsal or indoor games - Spring: 9 league games; 2-3 tournaments 	
Attendance	<ul style="list-style-type: none"> - Minimum 85% attendance at practice and games 	
Positioning	<ul style="list-style-type: none"> - All players play multiple positions, including goalie 	
Playing Time	<ul style="list-style-type: none"> - Target equal playing time for all players 	