



What is the number system?

Simply put, the numbering system relates positions on the field to numbers.

Where does it come from?

'Squad numbers' were introduced by Arsenal manager Herbert Chapman in 1928 as a way to identify players on the field by adding numbered strips on uniforms during matches.

It took nearly 11 years for the community to fully adapt the number system and implement numbers on all uniforms during soccer matches.

While the number system has been around for generations, U.S Soccer only implemented the number system into it's program in 2012.



Number System vs. Traditional Positions

"A standard numbering system for positions and their roles provides a concise and common method of communicating technical information about individual and team play."

Dave Chesler Performance Analysis Coach, USWNT

Tradtitional Positions can be effective in teaching players how to operate on the field, but it typically leaves much room for interpretation with positions having similar names but different roles on the field.(i.e - halfback, fullback, outsideback)





The implementation of the number system is mainly geared toward the TACTICAL and MENTAL aspects of soccer.

The PHYSICAL and TECHNICAL aspects should already be routinely implemented into team practices and activites.

REFER TO THE POSITION SPECIFIC PROFILES PRESENTATION FOR MORE INFO.

Lorem ipsum

NUMBER SYSTEM

What are the responsibilities of each role?

7v7

POSITIONAL ROLES AND NUMBERS – 7v7 1-2-3-1 FORMATION





- Keep ball out of goal
- Organize the backs/defense
- Help build up attack
- First line of attack (distribution)

(#4, #5 Center Backs)

- Deny attacking chances on goal / defend #9 (forward)
- Intercept passes, win tackles and air balls
- Provide depth in build up when attacking
- Penetrate primarily by passing

(#8 Midfielder)

- Box to box midfielder
- Connect players in possession
- Offer passing options
- Penetrate by passing, dribbling, and shooting

(#7, #11 Wingers)

- Provide width in attack
- Serve crosses or dribble central
- Pressure higher up field defensively
- Penetrate by passing, dribbling, and shooting
- Penetrate in wide areas to create scoring opportunities

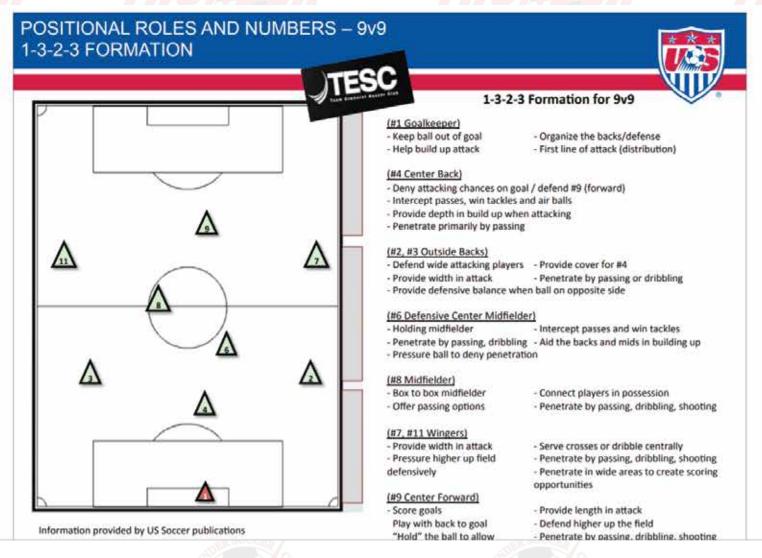
(#9 Center Forward)

- Score goals
- Provide length in attack
- Play with back to goal
- Defend higher up the field
- "Hold" the ball to allow teammates to help
- Penetrate by passing, dribbling, and shooting



What are the responsibilities of each role?

9v9





As a team, we should...

Offense When the team receives the ball, the entire team should be establishing 'depth' on the field.

Attackers are pushing up to the last defensive line while flank players are taking advantage of the width.

Defense When the team loses the ball, players should be getting compact as a unit and tracking back behind the ball.

Defenders and midfielders are getting compact and flank players are marking up their respective players.



System of Play 1-4-3-3





Team Organization







- U9 and U10 7v7 14 players per team
- 7v7 formations promote a good distribution of the players on the field and provide a versatile framework to introduce simple tactical elements at an early age
- Formations are focused in the development of attacking elements of the game
- 1-2-3-1 formation: designed to develop passing and movement of the ball
- 1-3-2-1 formation: designed to promote forward runs and lvl situations





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SMALL SIDED FIELD - 75x47 yards

- U11 and U12 9v9 16 players per team
- On a bigger field 9v9 formations are ideal to keep developing attacking elements of the game and introduce basic defensive concepts working as a unit
- 1-3-2-3 formation: designed to provide space in midfield areas and provide multiple attacking options at front
- 1-3-3-2 formation: designed to understand basic defensive organization and promote build up play











How can we use the number system to have a tactical advantage on the other team?

Scenario #1 7v7 sided

One of the many ways of breaking down an opponent is through taking advantage of open field space. If the 11 (left-wing) or 3 (left-back) have the ball on the left side of the field and cannot penetrate the defense, what position(s) can we use to initiate a switch to the other side of the field?

<u>Scenario 2 9v9 or 11v11</u>

If the #7 (right-wing) player receives the ball and is faced with a 1v1 situation, what can the #2 (right-back) do to make this situation into a 2v1 advantage?





Possible 7v7 Formations

1-3-2-1

1-3-1-2

1-2-3-1 (US Recommended)

1-3-3









1-3-2-3

1-3-4-1

1-3-3-2









